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# The Union

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COMBATING PANDEMICS: TODAY & TOMORROW

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Acceptability and feasibility of household child-contact investigation and preventive treatment management in Cameroon and Uganda: a qualitative assessment

A. Vasiliu 1, G. Tiendrebeogo 1, C. Akatukwasa 2, P. Nyam 3, B. Ssekyanzi 2, B. Tchakounte Youngui 3, R. Okello 4, L. Simo 5, D. Atwine 2, B. Tchounga 3, M. Casenghi 6, M. Bonnet 1, CONTACT Study Group

1University of Montpellier, IRD, INSERM, TransVIHMI, Montpellier, France, 2Epicentre Research Center, Clinical Research, Mbarara, Uganda, 3Elizabeth Glaser Pediatric AIDS Foundation, Public Health Evaluation and Research, Yaoundé, Cameroon, 4Elizabeth Glaser Pediatric AIDS Foundation, Program Implementation, Frogram Implementation, Frogram

# Intro

The CONTACT study (Cameroon, Uganda) is a clusterrandomized trial evaluating a community intervention for TB contact investigation and TB preventive treatment (TPT) management. We evaluated the post-intervention acceptability and feasibility of the CONTACT study.

## **Methods**

- In-depth interviews with 24 healthcare providers and community leaders
- 12 focus group discussions with 79 index cases (separated by gender) in Cameroon and Uganda.

# Results

- The index case's counselling establishes a good providerpatient relationship and strengthens patients' self-efficacy and the legitimacy of CHWs.
- Initial counselling towards self-disclosure within or outside the family resulted in more children initiated on TPT.
- Despite anticipated fear of stigma, almost all participants reported family support following disclosure.
- Beneficiaries cited positive outcomes of the intervention: relief from transport, screening of all family members, and TPT efficacy.
- Providers highlighted the coherence of the intervention in their context.
- Main drivers of feasibility were CHWs' financial motivation and training, household visit planning, and community leaders' support.
- Sustainability issues were raised around securing CHWs' incentives.

#### Conclusion

Community-based intervention is acceptable and feasible. Home-based child contact screening and TPT management has the potential of preventing the onset of TB disease in millions of children from high-burden, limited-resource areas.

# The community-based intervention for contact investigation and TB preventive treatment management is acceptable and feasible

# **Affective Attitude**

- · Importance of counseling
- Building rapport
- Satisfaction with household visit

# Perceived effectiveness

- Satisfaction with screening and TPT outcomes
- Awareness of TB symptoms among children
- Reduced TPT workload

# Self-efficacy

- CHW experience and training
- The ability of parents to give TPT

# Intervention coherence

- No transport cost for the patient
- Integrated in the healthcare system
- Using CHW networks

# **Ethicality**

- · Conduct of CHW
- Confidentiality for the household visit
- Moral duty to treat all people

# Burden and opportunity cost

- Unintended disclosure
- · Anticipated overt-stigma

# epicentre \*\*\*

# Quotes

#### Affective attitude

"... everything happened at the first visit [at the health facility], at initiation [of the index case], it's there where we have emphasized a lot. Because after the acceptance [of the community visit], we had no difficulties" – TB focal person, Cameroon

## Burden and Opportunity cost

"They came to my place, they asked me if I had neighbors. I had a neighbor who was coughing so he came. My wife was also coughing. They came and saw all my 5 children, they took samples from my children, my wife and my neighbor. They then left. They gave me advice about my TB treatment" — male participant, Cameroon

#### Ethicality

"we have to treat the poorest people. [...] We need to give them what's best in our hospital. That is the mentality we teach to our staff." – TB focal person. Cameroon

#### Intervention coherence

"If children in the village are many, say three or more, then transport challenges crop up, [...] they bring medication at home and the children are taken care of at home and it helps us the parents or guardians not to suffer with transport" – female participant, Uganda

## Perceived effectiveness

"This TPT has helped us in getting more children on treatment because in some families, we have been able to get positive cases" – TB focal person, Uganda

## Self-efficacy

"The doctor has maybe 10 minutes to talk to him [the participant] because he has other patients, but the CHW can go to his place, spend 30 minutes to talk to him" – community health worker, Cameroon





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We thank Unitaid for funding the CONTACT study  $% \left\{ \mathbf{r}_{1}^{\mathbf{r}}\right\} =\mathbf{r}_{1}^{\mathbf{r}}$