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Fighting for an AIDS-free generation

Being PrEPared

WHAT'S PrEP [pre-exposure prophylaxis]?

- Pre = Before
- Exposure = contact with HIV
- Prophylaxis = to prevent



Preventing HIV exposure in the case of any infection *before* it happens

What PrEP CAN do:

When taken **daily and consistently**, PrEP can effectively protect against HIV infection

What PrEP can NOT do:

- Protect against other sexually transmitted diseases
- Protect against pregnancy

**condom use is still recommended in combination with PrEP to prevent other STIs and pregnancy*

Who qualifies for PrEP?

Individuals who are HIV-negative and are at ongoing risk of acquiring HIV and who would benefit from pre-emptively protecting themselves from acquiring HIV in the case they are exposed (could be through unprotected sex or shared needles, for example). It is important to talk through this with a provider if interested!

So, what's the deal between PrEP – PEP – and ART?!

PrEP A pill taken daily by HIV-negative persons, at risk of acquiring HIV, and who want to prevent getting HIV *before they may be exposed*. *PrEP can be stopped if the person tests HIV positive, becomes low risk, starts to have issues with kidney health*

PEP A pill taken within 72 hours of exposure to HIV (e.g.: rape, condom bust) by an HIV-negative person and taken for 28 days thereafter to prevent infection *following potential or confirmed HIV exposure*

ART A medication that people living with HIV take daily and for life to treat HIV infection and prevent transmitting the virus to their partners